

Air Quality Resources



American Lung Association—If you would like to order any of these brochures, please contact the American Lung Association at 262-703-4200 in Milwaukee or your local affiliate and ask for the Literature Department. Or visit their website at www.lungusa.org. There is a minor cost associated with making the order.

- [Facts About Air Pollution and Exercise](#)
- [Facts About Air Pollution and Your Health](#)
- [Facts About Protecting Yourself From Ozone Smog](#)
- [Facts About Car Care: Good for You, Good for Your Lungs](#)



USEPA—If you would like either of these pieces, please visit the USEPA AIRNOW website at www.epa.gov/airnow and download.

- [Smog – Who Does it Hurt?](#) (booklet)
- [Air Quality Index - A Guide to Air Quality and Your Health](#) (booklet)



Department of Natural Resources—If you would like to order any of these pieces, please contact the DNR Air Management program at 920- 492-5800 in Green Bay or 608- 267- 0573 in Madison. Or visit their website at www.dnr.state.wi.us/org/aw/air/vol.

- [Ozone and Your Health](#) (included)
- [Air Quality in Wisconsin](#) (included)
- [Fact sheet – How to Improve Air Quality](#) (included)
- [Fact sheet – Air Facts](#) (included)
- [Greener Machine](#)
- [El Ozono y Su Salud](#) (Spanish version of Ozone and Your Health) (included)
- [Auto Log](#)
- [20 Ways You Can Fight Ozone Pollution](#)

Commuter Resources

Department of Transportation - For additional information, on traveling by air, bike, transit, rail, water or road, visit the WisDOT Travel Information website at <http://www.dot.wisconsin.gov/travel/index.htm>.

- [Travel Easy 2004](#) (brochure included) – 2004 Wisconsin highway work zones and rest areas.
- [Park & Ride Lot brochure](#) – Lists Wisconsin park & ride lots with a map of lot locations and amenities at each. Find statewide park and ride lot information at <http://www.dot.wisconsin.gov/travel/parkride/index.htm>
- [Sharing the Road: Survival of the Smallest](#) (brochure included) – Bicycle safety tips for motorists. Brochure available: HS228 www.dot.wisconsin.gov/forms/docs/dt1265.pdf
- [Two-Wheeled Survival in a Four-Wheeled World](#) – Bike safety tips. Brochure available: HS227 www.dot.wisconsin.gov/forms/docs/dt1265.pdf